



Bruin Voices

Lake Braddock Secondary

PTSA

everychild.onevoice.

Newsletter of the LBSS Parent, Teacher, Student Association

Message from the President, Robert Shaw

With only two months into the school year the flurry of events seems to indicate that we have been at it for a lot longer period than a couple of months. The PTSA board and committee chairs have already put on or assisted with some tremendous programs and are getting ready to put out some more for the LBSS community. Now is a great time for me pause and say thank you to everyone for stepping up to the plate and making a difference. The feedback from these events is extremely positive and we are encouraged by the number of supporters attending the events.

At the start of this year the PTSA decided to ask parents, teachers and students to consider giving the organization one hour of your time and if you thought that your time was well utilized, we asked that you then consider donating some more time. Thanks for your response as it is gratifying to see many new faces at events such as the Principal's Coffee, PTSA General Membership Meetings and the inaugural Volunteer Share Fair. Let me encourage you to continue to give a very strong response as your dialogue and ideas are very important in helping the school administrators get a feel for what is happening and it will allow them the opportunity to work any issues requiring their attention. As many of you know it takes a very dedicated set of individuals to plan and execute all these events and I would be remiss if I did not take time out to say "Thank you all, for a job well done" to these members who choose to give of their talent and time. I consider you all super-stars and I ask that you permit me to single out one individual who has gone way above and beyond in helping the PTSA this year...Ms. Vickie Sands has stood in as the Volunteer Coordinator and continues to do that job admirably as the PTSA seeks to fill this vacancy. "Thanks Vickie!" (**cont'd on page 2**)

Volume 21, Issue 2

October 18, 2010

Upcoming Events:

- October 19
Academic Boosters Club Mtg.
Room L 121 7:00pm
- October 22
Homecoming Parade
Asbourn Comm. Ctr to Lake Braddock 5:00pm

Bite Of Braddock
Lake Braddock Blacktop
- October 23
Homecoming Dance
8 pm.-12 am
- October 25
Reflections Due
- November 1-2
No School
Teacher Workday
- November 8
First Quarter Report Cards
- November 9
PTSA Board Meeting
(open to all)
Lecture Hall, 7:00pm

Stop Bullying Seminar

We have all seen the devastating headlines in recent weeks: young people committing suicide as the result of being bullied. With this timely and pressing issue, we invite all community members, parents, students and teachers to attend an upcoming "Stop Bullying Seminar". It will be held Thursday, November 4th, at 7:00 p.m. at the Church of the Nativity. The event is free.

The seminar will feature Jodee Blanco, a nationally known anti-bullying activist and author of *The New York Times* best-selling memoir [Please Stop Laughing at Me](#) and the newly-released sequel [Please Stop Laughing At Us, One Survivor's Extraordinary Quest to Prevent School Bullying](#). The seminar will include a 90 minute workshop featuring Jodee's compelling personal story of her struggle from fifth grade through high school as the target of severe school bullying. She will share what her parents and teachers did that helped, what didn't and why, as well as offer similar insights from the tens of thousands of bullied students she has worked with across the nation. (**Continued on page 2**)

Do you have someone in mind for Lake Braddock's **Teacher of the Year?** We are seeking nominations. The winner will then be nominated for the Fairfax County Teacher of the Year as well as *The Washington Post* Agnes Meyer Outstanding Teacher award. What a great way to thank someone for making a difference in the life of a student. Please submit your nomination letter to Karen Kelly at cmkhhk@aol.com.

Thanks... To our Hospitality Committee. They provided coffee and baked goods at Coffee with the Principal, PTSA General Membership Meetings and for Custodian Appreciation Week last month. If you can help them by bringing in some baked goods or bottled water for a future event, please contact Suzanne Gaudian at sgaudian@cox.net or 703.440.8270.

Message from the President (Continued from page 1)

This is a perfect lead in to my next topic. The PTSA has several key vacancies and I am asking you to consider volunteering to fill one. As I have already mentioned the PTSA is seeking parents to fill the position for High School (HS) Volunteer Coordinator. This person will primarily, support HS events such as yearbook distributions, Homecoming dances and other HS events. In addition, the position of third vice president is also open; a replacement would need to be elected by the membership. One of the roles of the 3rd VP is having overall lead on the All Night Graduation Party (ANGP) which is a non-alcoholic party sponsored by the PTSA at the end of the year for seniors. Someone considering filling this role should possibly have some ANGP experience. How satisfying it would be to see a junior or sophomore parent stepping up to take on this job. In my conversation with many parents they reveal that one of the main reasons for shying away from this position is it's too much work. So, let me be up front to anyone considering this job...it is a big job but I cannot begin to describe how important a job it is especially when you think that you and your committee may be directly responsible for saving some lives...isn't that reason enough for doing it? Plus you are not alone. You work with a committee of parents many who are returning in their roles on the ANGP Committee. Another vacancy exists on the directory committee. I am sure that you are enjoying the very informative directories that each family receives as a part of their membership. The PTSA will need someone to compile them next year. If you need more description or an idea of time commitment feel free to call and speak with me directly. Our PTSA website has our volunteer form on it that will outline in general terms what we have to offer. You can find us at LBSSPTSA.org. Don't hesitate to contact me or a member of the board. Please consider volunteering for one of the positions above...I will guarantee that you will learn a lot, get to meet some outstanding people and most importantly your actions will touch many parents, teachers and students in a positive way.

In closing let me thank the LBSS community for coming out last Saturday to support the Arts and Crafts Showcase. I spent the entire day at the event and there was a steady flow of customers stopping by to shop. The numbers are still coming in but so far it looks like another success story. Thanks to everyone who planned and supported this monumental undertaking.

***"Don't worry that children never listen to you; worry that they are always watching you."* Robert Fulghum**

Stop Bullying Seminar (Continued from Page 1)

The workshop will also include specific, practical advice for parents on how to intervene if your child is the victim, bully or bystander, from the rare point of view of someone who's actually lived through it and now has dedicated her life to helping others. In addition, Jodee will address the plight of the "adult survivor of peer abuse" and offer suggestions on how to overcome those open wounds from the past. If you are an educator, parent, student or someone still coping with painful memories of peer abuse, this is a seminar you won't want to miss. This is a topic that should be of interest to all. Many of our children experience or know others who are being bullied at school, neighborhoods and especially on social networking internet sites. After the seminar, there will be a Q & A session. Please call (703) 455-2400 for more information. Nativity is located at 6400 Nativity Lane, Burke, Va 22015.

Show your Bruin Spirit at Homecoming Events this week!

Homecoming week is Monday, October 18th through Friday, October 22nd, and there are many events and activities being planned. Lake Braddock's strong school tradition continues this year and we want everyone to come out and participate! The theme of this year's Homecoming is, "A Night at the Movies," and you will be seeing this theme throughout many of these events!

Spirit Week Days

- Monday – "Sleepover" – Pajama Day
- Tuesday – "James Bond" – GQ Day
- Wednesday – "Avatar" – Wear all Blue Day
- Thursday – "Stuck on You" – Crazy Twin Day
- Friday – Class Color War – Seniors wear black; Juniors wear purple; Sophomores wear gold; Freshmen wear white

High School and Middle School 3rd Period Class Door Decorating Competition

- Monday, Oct. 18-Thursday, Oct. 21st – High School and Middle School 3rd Period Classes compete by decorating their classroom doors according to the Homecoming Theme!
- Winning Class gets announced at Pep Rallies and a free breakfast!

Girls Powder Puff Football Games

- Wednesday, October 20th on the football field!
- Freshmen v. Sophomores game: 6:00 p.m.
- Juniors v. Seniors game: 7:00 p.m.
- Come support the Senior Class by stopping by the games to cheer on your favorite class!
- Tickets are \$3

Middle School and High School Pep Rallies

- Middle School Pep Rally: Wednesday, October 20th during 3rd Period class (no Bruin Block)
- High School Pep Rally: Friday, October 22nd during 7th Period, starting at 1:30p.m. (students released from 7th Period at 1:15pm)

Parade

- Ashbourn Community Center parking lot to Lake Braddock's blacktop
- Friday, October 22nd at 5:00p.m.

Bite of Braddock

- Lake Braddock's blacktop
- Friday, October 22nd from 5-8:00 p.m.
- It's a tailgating event before the football game with local restaurants (including DECA burgers, Red, Hot & Blue, Baja Fresh, Hunan East, Chik-Fil-A, Paradise Ice Cream and much more!), a DJ, moonbouse, velcro wall, and other games and baked goods by LBSS Clubs!

Football Game, Halftime Show & Marching Band Performance

- Lake Braddock v. Annandale: 7:30p.m.
- Halftime Show: Class Floats shown and winning class announced; Homecoming Queen announced and crowned!
- Lake Braddock's Marching Band will also perform at the end of the football game!

And there's more! **Turn to page 4...**



We want to remind families to clip those box tops. Every box top clipped and collected earns the school ten cents. Last year your efforts earned Lake Braddock \$610! That money helped our school fund things like computers, library books, supplies, awards, and many other worthy causes. You can also go to the Box Tops for Education website at www.boxtops4education.com and find coupons, enter contests, track our progress, and find other simple ways to help Lake Braddock earn those dimes. So get clipping those box tops, log on to the box top website, and help us make this school year the best box top year ever! **Box tops can be dropped off in the main office or in any of the sub schools.** For additional information, please contact Kim Turmel at kturmel@mindspring.com. Thanks for your support!



Do you have an event or article you'd like to see in

Bruin Voices?

Please contact editors Tina Weber and Pamela Nelson at

bruinvoices@yahoo.com

We're on the Web !

www.lbssptsa.org

Don't miss a thing

Get breaking PTSA news sent directly to your email. Your PTSA membership automatically subscribes you to our weekly eNews update. You'll receive the latest information on everything happening in the halls, classrooms and community of Lake Braddock. Questions? Contact PTSAnews@cox.net



Make grocery shopping a fundraising event for LBSS

Register your Giant Food card with the A+ Bonus Bucks Program, and help support Lake Braddock! It's easy to do:

- Go to Giant's website at giantfood.com
- Click on "Our Stores" on top banner.
- Click on "Register your card".
- Follow the prompts to complete registration.

Students... there's still time to shine with Reflections

There's still one week for our students to show the world their creative talents. All Lake Braddock Students are encouraged to participate in the annual *Reflections* arts program. The theme is "Together we can...." Compete in any (or all) of the categories—there is no limit on the number of entries you can submit!

Categories:

- Dance Choreography
- Photography
- Literature
- Music
- Visual Arts
- Film/Video Production

Entry Forms are available at www.lbssptsa.org. All entries are due **Monday, October 25** in the Reflections box in the Main Office. Cash prizes will be awarded to 1st, 2nd, 3rd places and honorable mention. All 1st place winners advance to the county level. Let's have LBSS well represented this year.

Questions about Reflections? Contact Kathy Burke at attysburke@aol.com

Homecoming Events continued from page 3

Homecoming High School Dance (Parents and Teachers, please volunteer!)

-Where?

Lake Braddock's gymnasium

-When?

Saturday, October 23rd from 8:30-11:30 p.m.

-How do I sign up to volunteer?

Please email Vickie Sands (visands@verizon.net) if you are interested in working Shift 1 (7:30-9:50p.m.) or Shift 2 (9:40-12:00 a.m.)

Please show your Bruin spirit at some or all of these homecoming events!

Support our Scholars

Do you know how much it costs to have the Honor Roll published in the student papers? Do you know how it gets there? The LB Academic Boosters purchases a two page ad each quarter (for several hundred dollars per quarter) to honor these students in print. If your child is one of those who earn a spot on the Honor Roll, please consider becoming a dues paying member to ensure there are adequate funds for this service to continue. See our webpage http://www.fcps.edu/LakeBraddockSS/parent_organizations/parent_acad.htm, or go to the Parent Organization Tab (top right) on the LBSS main page for information on what Academic Boosters does for our students and to print a membership form that can be mailed to the school. Plan to attend our general membership meeting on Tuesday, October 19 at 7:00pm in room L121. *Thank you for your support!*